

inSpire and Sibling by Kinfolk – Emergency Food Relief (COVID-19) Volunteer Opportunity

inSpire - an initiative of inTouch, has partnered with local social enterprise Sibling by Kinfolk to run an emergency food relief program supporting our most vulnerable clients during COVID-19. We are seeking volunteers to help us deliver food aid.

How does this program make a difference?

inTouch clients are more vulnerable than ever during COVID-19 and our client services team has seen an increase in requests for help as new and former clients reach out. Many of these women are on temporary visas, so accessing supports they need to stay safe is often made more difficult as they are ineligible for social security benefits such as Centrelink. This leaves women and their children reliant on charity organisations to meet their day-to-day needs.

By volunteering your time to help deliver food relief packs, you will be ensuring that women and children have access to nutritious, quality, culturally appropriate food during these very difficult times.

[Click here if you'd like to read more](#) about the program.

Who can volunteer?

Anyone can volunteer provided that they meet the following criteria;

- are 18 years of age or older,
- can safely lift the food packs (up to 8kg at a time) in to and out of the car, and carry these from the car to the clients residence,
- are available from 8:30am until approximately 5:30pm on their rostered volunteer day (currently Thursday),
- currently hold, or are willing to undergo, a Police Check, Working with Children Check and Licence Check (we can support this), and
- complete the [COVID-19 Risk Assessment](#).

What does volunteering look like?

Each Thursday, volunteers work from around 8.30am – 5.30pm to deliver food to women across Melbourne.

You will be paired with a volunteer partner, with one having appropriate clinical skills to ensure the safety and wellbeing of clients and volunteers.

Starting at inTouch's Richmond office to pick up a car and meet your volunteer partner, you will pick up your PPE and documentation for the day. You will then drive to Kinfolk's CBD café to pick up food packs, before delivering them to up to 10 families and returning back to the InTouch office by approximately 5.30pm

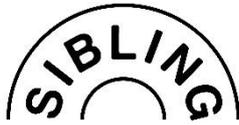
Volunteers will not be paid for their time.

Do volunteers need any special skills?

There are two types of volunteer roles available, each of which requires different skills;

Volunteer Role One – Clinical Support

To ensure the safety and wellbeing of women and children receiving emergency food aid, each delivery team has one person with training and experience working with vulnerable communities and responding to crisis situations.



This person will be responsible for visually assessing the wellbeing of clients during deliveries, and responding to crisis situations should they occur, escalating any and all concerns to inTouch as needed. inTouch's Direct Client Services Team will provide remote support, along with the Project Coordinator.

To safely perform this role, volunteers must have a Cert IV in Community Services or similar and/or demonstrated experience working in areas such as; community services, family violence response, working with CALD communities, counselling, crisis response and/or case management.

Volunteers should be confident and calm in working in potentially difficult situations, and possess strong problem-solving and decision-making skills.

When registering your interest in this role, please provide a copy of your resume including at least one referee.

Volunteer Role Two – General Food Aid Support

Other than the ability to safely lift the food packs (up to 8kg) in to and out of the car, the secondary support person is not required to have any technical skills. You should be comfortable working with a partner, organised and be a good problem-solver, with a positive attitude and calm and approachable manner.

If your expression of interest is successful, you will be provided with a comprehensive induction prior to your day of volunteering to ensure you understand exactly what is expected and how to perform each task.

When registering your interest in this role, please provide a copy of your resume including at least one referee.

When can I volunteer?

We are seeking regular volunteers to support this program on Thursdays throughout July, August, September and October.

How do I sign up?

To register your interest in helping inTouch deliver food relief packages to clients in need, please [click here](#) to complete the volunteer expression of interest form.

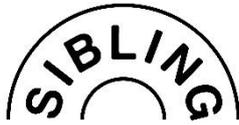
What measures will be in place to manage the risk of COVID-19?

The safety of our team, clients and volunteers is of utmost importance. To minimise risk, volunteers must complete the COVID-19 risk assessment questions before they can participate.

Volunteers are provided with personal protective equipment (PPE) and must adhere to the hygiene protocols we have developed for the program, in line with DHHS guidance.

We are continuing to update our policies and procedures in response to the evolution of the COVID-19 pandemic and taking additional measures to ensure the safety of all parties when delivering to lockdown and hotspot areas.

Note, volunteers must travel in the car with another volunteer for the day, please consider if you are comfortable doing this prior to registering your interest.



Frequently Asked Questions

I can't volunteer on Thursdays, can I help out on other days?

Unfortunately we currently only run this project on a Thursday. However if you'd like to be notified about future volunteer opportunities please send an email to inspire@intouch.org.au and we'll ensure you receive future callouts.

I can only volunteer once, is that ok?

Yes, however preference will be given to volunteers who can participate regularly. Please complete the online expression of interest form noting your availability and we will be in touch to discuss.

Can I volunteer during the stage three lockdown?

Yes, as inTouch is an essential service and this program cannot be delivered remotely you are permitted to travel to volunteer to support this project during the stage three lockdown.

Can men volunteer?

People of all gender identities are welcome to register their interest in volunteering.

If you have any questions about this volunteer opportunity please don't hesitate to reach out to our team by calling 0411 253 001 or sending an email to inspire@intouch.org.au.

Who is inTouch?

inTouch is a specialist family violence service with a proud 35 year history of working with women from migrant and refugee backgrounds, their families and their communities. We provide case management to women, training, conduct research, and run community-based projects to address the issue of family violence in the community.

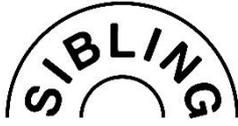
What is the inSpire initiative?

inSpire is an initiative of inTouch which fills a crucial gap in support services by helping migrant and refugee women and children move beyond family violence.

There are many challenges for women in this crucial time, especially when facing language barriers, visa issues, financial stress and community and family isolation. By delivering programs across three core action areas; economic empowerment, building stronger families and creating social connections we empower women to overcome these hardships.

Who is Sibling by Kinfolk?

Sibling and sister café Kinfolk exist to create inclusive and sustainable communities through their non-profit cafes and events business. Embedded within their business is a training program creating inclusive opportunities for people facing marginalisation, including physical and learning disabilities, mental health challenges, unemployment, transitioning from prison and recent migrants and refugees. Prior to COVID, each week upwards of 100 volunteers participated in the program gaining social connection, hospitality skills and confidence with many of them going on to gain paid employment. Throughout the pandemic they continue to connect Melbourne citizens to local producers, good food and sustainable household goods.



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