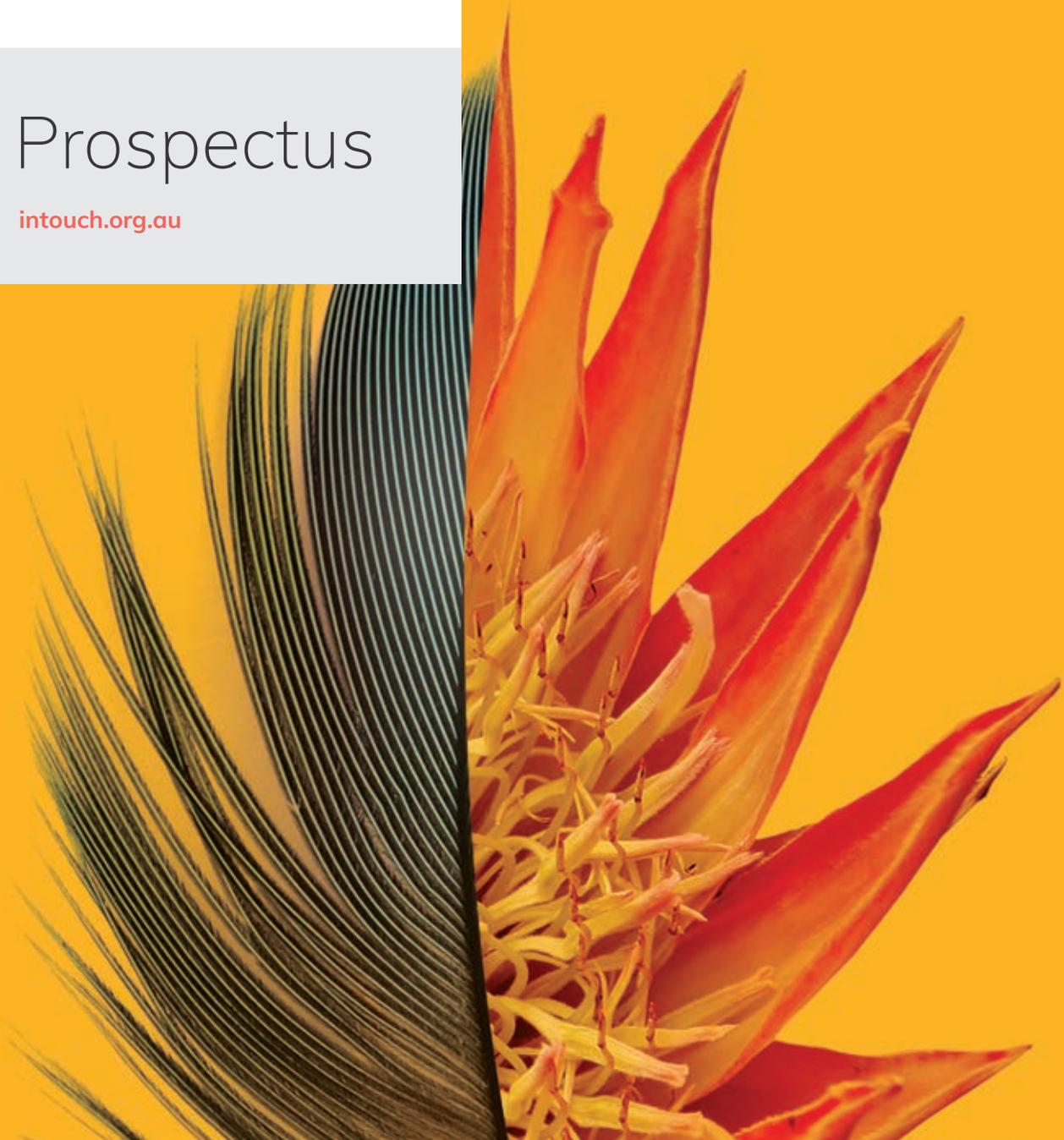


**inSpire**

An inTouch initiative

# Prospectus

[intouch.org.au](http://intouch.org.au)



## What we do

### We empower women to stand on their own

For over 35 years inTouch has stood beside some of the most vulnerable women in our community, those from refugee and migrant backgrounds whose lives are devastated by family violence. It's hard to imagine how hopeless and afraid these women feel, not only for themselves but for their children.

Much of our work helps women while they are in a violent relationship, but even after they break free from violence they face enormous challenges. This is when most of the support services end, leaving them isolated as they try to start a new life.

**inSpire** was established by inTouch in 2018 as a fund to provide support services for Victorian refugee and migrant women who have escaped their past and are moving forward from family violence.

**inSpire** will help women during this crucial time, to establish their economic independence and emotional wellbeing.

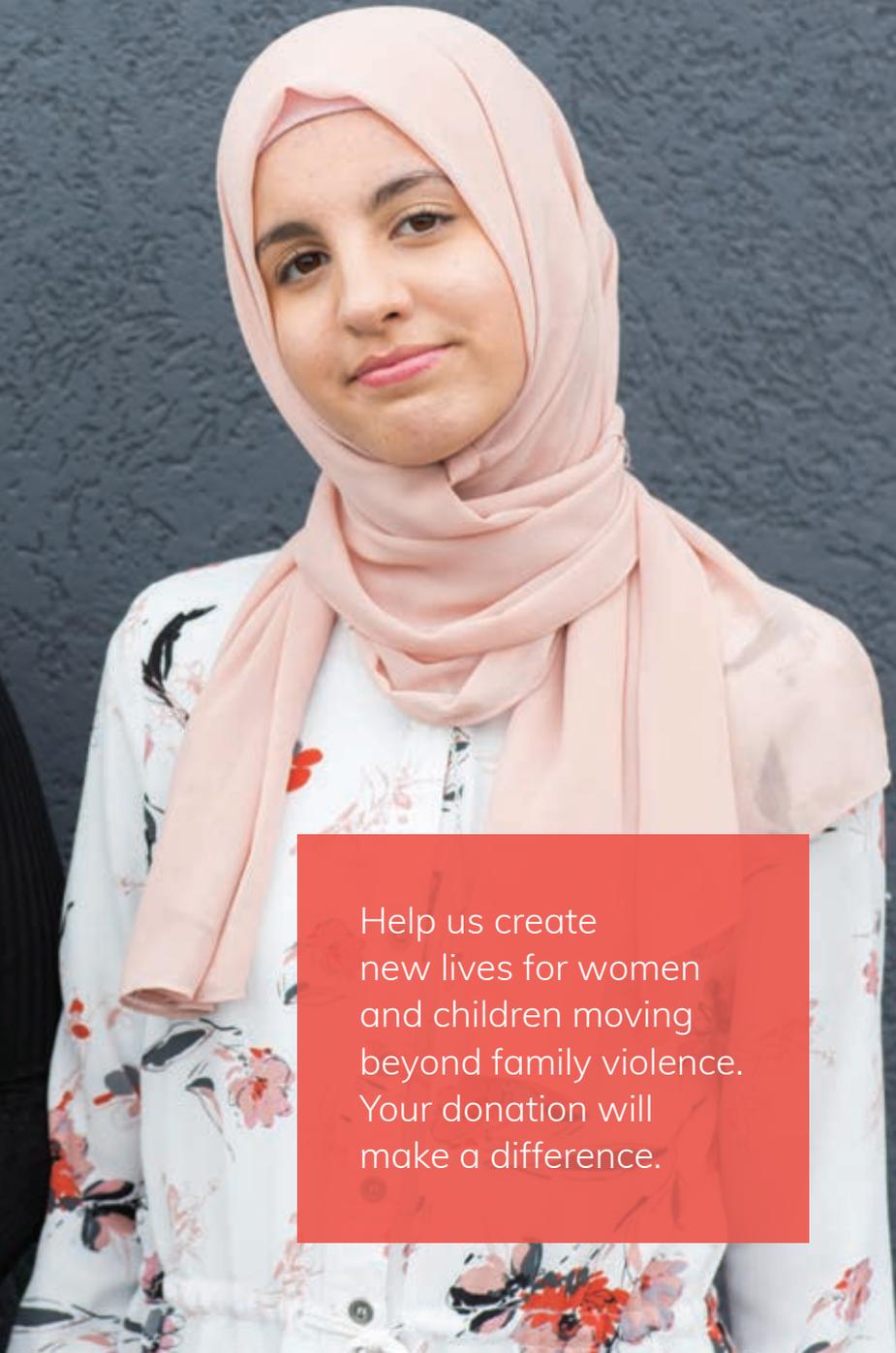
It will create opportunities for women to gain new life and financial skills, allowing them to rebuild their self-confidence and explore pathways into further training, education and employment.

We do this by offering assistance in three focus areas:

- » **Economic empowerment**  
building skills to strengthen women's financial independence
- » **Building stronger families**  
strengthening the bond between a mother and her children
- » **Creating social connections**  
building a sense of community amongst women

**inSpire** will host three events annually to celebrate festivities that are particularly important in the lives of the women we help – Christmas, Eid Al Fitr and Diwali.





Help us create  
new lives for women  
and children moving  
beyond family violence.  
Your donation will  
make a difference.

## Why support us

We invest to make a real impact, are passionate about our work and proud of our achievements.

We fulfil a crucial gap for disadvantaged and vulnerable women, while they transition from crisis to long-term wellbeing.

We help migrant and refugee women who often stand at the fringes of society, relying only on charity organisations for support.

Our programs are guided by an advisory group of victim survivors. We're experienced at understanding the needs of women who are transitioning out of family violence.



Our work is recognised and trusted by the Victorian Government for being underpinned by rigorous governance, transparency and social impact.



We have over 35 years' history in making a significant impact in transforming the lives of thousands of women and their children.



## What is the value of your donation?

The activities we run are bold and informed, like the donors and partners who make them possible.

Your donation has the power to create social change, at both individual and community level. Whether you are an individual donor, a trust or business, we are seeking your support.

Your donation will help us build and deliver evidence-based programs that help disadvantaged and vulnerable women realise a brighter future.

You will be helping empower and strengthen women, so they can take the critical steps to break the cycle of family violence, walk the path to long-term wellbeing and economic independence.



Small interventions can have a huge impact

# Sulaika's story

...and of many other girls like her

**At 17 years of age, when many young girls are dreaming of their future, Sulaika travelled from India to Australia on a journey of enslavement and fear, trapped in a forced marriage.**

Once in Australia, Sulaika's husband's behaviour grew abusive and obsessive, with frequent outbursts of anger and monitoring of her whereabouts. For 12 years, she endured severe physical and psychological abuse at his hands and was repeatedly raped.

Eventually, Sulaika gave birth to a son, and despite her efforts to protect him, her husband assaulted their child, leading Sulaika to flee. Without a support network of her own, she appealed to the police, who applied for a family violence intervention order.

As a witness to and direct victim of family violence, Sulaika's son suffered trauma and expressed a strong wish to have no contact with his father. Yet Sulaika faced impossible pressure, as her husband's extended family and community expected her to allow him to see the child, claiming a father "has a right" to see his son. Her husband took matters to the Federal Circuit Court, seeking parenting orders to spend regular time with their son.

The inTouch Legal Centre stepped in to act for Sulaika in the family law proceedings. inTouch lawyers prepared her response and affidavit and appeared for her in court. Sulaika was also accompanied by an inTouch case worker who provided advice and emotional support to face the legal battle.

With the help of inTouch, together with other agencies, Sulaika was able to leave her husband and take her son – an immense victory.

She now stands at a crossroads with the potential for a fresh start, but with no income, limited English and no family or community support network, this new life has its challenges.

**Help Sulaika and her son – and other women and families like them – to rebuild their lives. Your donation can support Sulaika to learn skills that will prepare her to enter the job market and build a community of her own.**

Since 1984 to June 2018, InTouch has assisted more than 18,000 women, 60% with accompanying children.

In 2017-18, we assisted over 1,400 women and 1,200 children from 85 countries.

## Our mission

Our purpose is simple and clear – we are committed to changing lives, and changing communities. We strive to create a world where all women and children will be safe and free from violence by delivering education and prevention programs in partnership with communities.

Our services and programs are underpinned by four key principles:

- » strengthening our **Leadership** in the sector
- » using our **Influence** to shape state, national and international agendas
- » fostering a culture of **Innovation**
- » making a long-lasting positive **Impact** on the lives of people and communities.

## Our strengths

More than three decades of experience, in operation since 1984



A person-centred care approach



Services offered in more than 25 languages



A holistic approach that recognises the complexity of family violence, especially for migrant women

Services across the care continuum – prevention, crisis intervention, post crisis support, court advocacy and immigration support program



Only family violence agency in Australia with an in-house legal centre and migration agents



Only state-wide accredited family violence service in Australia specialising in culturally tailored support and programs for both victims and perpetrators



Quality accredited organisation (QIP, DHHS, NCLAC)



A woman with long dark hair, a bindi on her forehead, and a white top is smiling broadly. The background is a blurred outdoor setting with a red structure.

The power of  
not giving up

If you would like to  
donate to our cause  
please visit our website

[intouch.org.au](http://intouch.org.au)

**inSpire**  
An inTouch initiative

**inTouch**

Multicultural Centre  
Against Family Violence

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inTouch is a Public Benevolent Institution  
ABN 65 571 761 399

The image on the front cover shows a feather and a protea flower.

Feathers are a symbol of flight and freedom. Like a bird that soars through the boundless sky, they represent the ability to travel, change and move through life freely.

Among the oldest families of flowers on earth, the protea flower symbolises diversity, courage, strength and the ability to thrive under tough conditions.